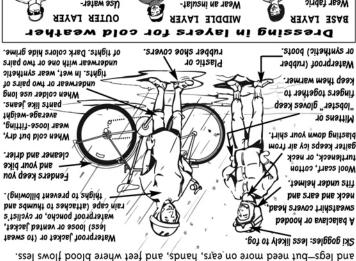


ZEW 2 DRESSING FOR COLD

From Mr Bike's Urban Bikers' Tricks & Tips, a 250-page paperback, at bookstores & mrbike.com

Fenders keep you . (pniwollid thevent billowing). rain cape (attaches to thumbs and waterproof poncho, or cyclist's less) loose or vented jacket. Waterproof jacket or (to sweat you warm up. When very cold, many don't need much insulation on torsos long underwear, and tights. Light layers let you remove outer clothes if Start with a sweatshirt or jacket. When colder, add t-shirts, light sweaters,





Thank you to John Greentield, Mr. Bike, Steven Lane, and Da' Square Wheelman! Io contribute to tuture editions, e-mail willow naeco at TheDerailleur@gmail.com. This issue of The Derailleur (no cover edition) was hurriedly made this atternoon.



print on.

Get crafty with us on Saturday, January 31 and Sunday, February 1 from 2-8 p.m. at Studio 350, Flatiron Arts Building (1579 N. Milwaukee Ave.) Contact: Steven Lane thestevenlane@ gmail.com

The rule is to bring one item for yourself and another to donate to the show. If you have your own designs that you would like to produce, please be prepared to bring your own supplies.

CRAFT PARTY WEEKEND

Sat. Jan. 31 & Sun. Feb. 1 from 2 p.m. - 8 p.m.

We have plenty of supplies, even a 1" button maker,

but we need clothes, bags, hats, cloth, and paper to

began back in January 2000 with a ride to the old Baby Doll Polka Club near Midway Airport. The Polka Ride has steadily grown over the years, with 45 cyclists pedaling to the Baby Doll in 2000, and now typically draws hundreds of riders. After the Baby Doll closed a few years ago, the ride has found a new home at Lincoln Lanes in Lincoln Square. Like all Chicago

Critical Mass rides, the Polk-Obama Ride will meet at Delay

Plaza (Dearborn & Washington) at 5:30 p.m. on the last

Friday of the month. Routes are proposed and voted on by

riders according to the simple rules of anarchy. A route will be

proposed to Lincoln Lanes, at 4874 N. Lincoln Ave., where the



Polkaholics will begin playing at 8 p.m.

Polka Ride Preview

The most eagerly anticipated Chicago Critical Mass ride of the year is upon us: the 9th Annual January Polka Ride! The tradition

(01.29.09):





somewhere around 300 off to a chilly start with The Windy City got rast Friday's mass in :(80.15.10)

Side

1269

DIKGLS.

Polka

out with us peeled off after 30 minutes. Chicago's Finest to a minimum. The two bike cops who started It wasn't all that cold but cold enough to keep the presence of

rannary we roll to wherever this punk polka band is playing. cold. Rather, our goal was to hook up with the Polkaholics. Each It was also the quickest mass I've been on. Not because of the

This year it was up in my hood at the Lincoln Square Lanes,

yot as a grilled kielbasa & crunchy as a potato pancake? our local bowling alley. What could be better than music that's

we drank, we danced, we sang, and we bowled. Pirogi John

From Da' Square Wheelman's blog (bicycle-diaries.blogspot.com/)

even got into the spirit with his succulent bike attire.

The band even performed a new song about Untical Mass. So

Chicago Bike Winter Events



9th Annual Polka Ride! Join hundreds of polka pedaling pals for this beertime-honored. drenched, two-step tradition. We'll bike to one of Chicago's premier Polka clubs dance the to to Polkaholics! Daley

Plaza, Fri., Jan. 30, 2009, 5:30 p.m.

Irving Park Winter Bike Tour: We talk about the architecture and history of the area as we bike through it. Tours are free. Please wear a helmet and dress warm! We are hoping for snow and we ride no matter what! Meet at the south entrance of Horner Park at the intersection of Irving Park Rd. and California, Sat., Jan. 31, 2009, 1:00 p.m.

Chicago Critical Mass Photo Booth: Considering Critical Mass has been one of the largest social networks in Chicago for over a decade, we have more than enough photos and memories to cover the massive walls of Mercury Cafe. Do the localmotion and ride with the Wicker Park Critical Mass to the show. (After Party at Castle Bikenstein!) Fri., Feb. 6, 2009, 6:00 p.m. (Visit chicagocriticalmass.org/artshow for more Art Show events.)

First Full Moon Fiasco: The Full Moon Fiasco rolls every full moon regardless of the weather. This month we're meeting at the Gingerman at 8 and riding to the Twisted Spoke on Ogden at 9. Gingerman (3740 N. Clark), Mon., Feb. 9, 2009, 8 p.m.

Bike Winter Basics: Learn the basics of how to keep your bike running smoothly all season long! This is a great way to learn about your bike and become familiar with West Town Bikes. Bring a bike to work on. No prior knowledge needed! First come, first served with a comfortable work capacity of eight participants. West Town Bikes, 2418 W. North Ave. (enter through alley), Wed., Feb. 11, 2009, 7-10 p.m. & Wed., Feb. 25, 2009, 7-10 p.m.

Bike Winter Art Show Opening Night: The Bike Winter Art Show will feature cycling art, winter fashion, and a warm lounge atmosphere that invites all of our cycling brothers and sisters to take a break from the everyday routine and stop by the Flatiron Arts Building for a series of biketopian happenings. 1579 N. Milwaukee Ave., Fri., Feb. 13, 2009, 6 p.m. (Visit theflatironproject.com/bikewinterartshow/ for more Art Show events.)

See other side for more events...



THE FLATIRON ARTS BLDG. 1579 N. MILWAUKEE AVE. FEB 13-27



What is Bike Winter?



Bike Winter is an organization that encourages cyclists to ride their bikes through all the seasons. Each winter, bicyclists in Chicago and other cities hold events to promote winter bike riding. By taking part in Bike Winter, you will have the opportunity to have fun, socialize with other cyclists, and learn winter biking skills.

The idea is very simple—with the proper gear and a little determination, you can continue to enjoy bicycling year-round. Add in the camaraderie of hundreds of riders and dozens of exciting events, and you've got Bike Winter!

While riding in the summer seems normal, cycling through the winter seems, to the uninitiated, as crazy as trying to drive downtown during the Taste of Chicago. However, during many Chicago winter days, the main obstacles are not snow and ice, but simply cold temperatures and wind. During these days, if you know the secrets to dressing for winter cycling, you can cycle while feeling comfortable, warm, and pleasant. During the typical Chicago winter day, extreme road conditions, such as heavy blizzards or ice storms, are the exception, not the rule. Although cyclists and motorists alike may legitimately avoid travel during these extreme conditions, cyclists may find that they can otherwise enjoy and use their bikes during most winter days. Besides, Winter weather isn't as bad as you might think.

Bike Winter was born out of a desire to keep bikes out of the basement during our six months of winter. If you've ever thought about how nice it would be to drive less (or even to be car-free), you can learn how to make your bicycle an all-weather, all-occasion transportation tool. A bike in motion tends to stay in motion, a bike in a basement tends to stay in the basement... even on the "nice" days.

Fortunately, those of us who have taken the winter biking plunge know that it is easy—and often more pleasant than gasping for breath during ozone action days! So, each winter, we organize a series of recreational and educational events to inspire cyclists to stay in the saddle year-round, regardless of rain, sleet, or snow.

Highlights of Chicago Bike Winter events include: **Bike Winter workshops:** Do you enjoy cycling? Do you wish that the cycling season would never end? Attend the free Bike Winter workshops and learn more about using your bike for transportation yearround. **Santa Rampage:** Cyclists gear up in various Clausinspired outfits and regale harried downtown shoppers on one of the busiest shopping days of the year. **Polka Ride:** You'd think that an evening ride during the brutal cold and long nights of January would be sparsely attended and brief. But not when Bike Winter has arranged for the Polkaholics to play. **Bike Sledding:** While some people like to sled down snowy hills, some cyclists like to bike down snowy hills. **Other Events:** One of the key principles of Bike Winter is simply "Bikes Are Fun!" So check the calendar for details on other Bike Winter events where you can have fun and meet with other cyclists.

If you want to get involved with Bike Winter or learn more about it, please contact us.

(Information from BikeWinter.org)

Chicago Bike Winter Events (continued)

Auto Show Love-In: McCormick Place, Sat., Feb. 14, 2009, Noon.

Light the Night: You're never too sexy for your blinky. The High Visibility Fashion Show displays crafty reflective and illuminated cycling couture. Get lit in style on the hundred blinky dance floor, and then grab a light before you leave for the Midnight Marauders Ride. 1579 N. Milwaukee Ave., Sat., Feb. 21, 2009, 7 p.m.

Midnight Marauders Porn Ride: The Midnight Marauders have been described as a drinking club with a biking problem, but we are susceptible to other vices! Join us on our inaugural Porn Ride as we explore Chicago's sexy (but not exploited!) side. All that's required is a bike, but a helmet, lights, and beer money are all strongly encouraged. BYO prophylactics for extra safety points. The Handlebar, 2311 W. North Ave., Sat., Feb. 21, 2009, 11:30 p.m.

Albany Park Winter Bike Tour: This is our final winter outing in our winter cycling series. Please bring your helmet, and dress warmly. This is a free, casual pace ride to enjoy the beauty of one of Chicago's best northwest side communities in terms of architecture, history, and ridability! Gompers Park at the intersection of Foster and Pulaski, Sat., Feb. 28, 2009, 1:00 p.m.

Visit BikeWinter.org and/or TheChainlink.org for more information, updates, and additional events.

Stay warm this winter by wearing a neck gaiter!



Some people don't like wearing a balaclava (face mask) because it makes their head too hot/sweaty.

Gaiters for your

neck can be worn tight (above) at the beginning of your ride (when you are cold) and loose (below) once you warm up (so you won't overheat, sweat,

and then freeze).

This gaiter was made with love by willow naeco.



Happy Friday and Happy Bike Winter!

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